



**Elliott Evans Nutrition, LLC**  
Prevent and Protect  
Jan Elliott Evans, PhD, RD, CNSD  
Registered Dietitian  
drevans@ub-well.com  
www.ub-well.com  
(804) 339-3200

## **ROASTED RADISHES AND GREENS**

*WHOLELIVING.COM - July/August 201*

- **Heat oven to 375.**
- **Separate 1 bunch radishes (halved if large) and their greens and arrange on two rimmed baking sheets. Drizzle each with 1 tablespoon extra-virgin olive oil and season with coarse salt and freshly ground black pepper. Toss to combine.**
- **Bake until radishes are tender and caramelized, and greens are crisp, 15-20 minutes. Let cool.**