



**Elliott Evans Nutrition, LLC**  
Prevent and Protect  
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## **PINEAPPLE, MANGO, AND MEYER LEMON SALAD**

Serves 4

WholeLiving.com

- 1 Pineapple, skin removed, cored, and cut into ½-inch pieces
  - 1 Mango, peeled, pitted, and cut into ½-inch pieces
  - 1 Meyer lemon, halved lengthwise and thinly sliced, seeds removed, plus 1 tablespoon fresh lemon juice
  - ½ cup toasted unsweetened coconut flakes
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- Combine fruit and lemon juice in a bowl. Top with coconut flakes.