



Elliott Evans Nutrition, LLC
Prevent and Protect
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PINEAPPLE, MANGO, AND MEYER LEMON SALAD

Serves 4

WholeLiving.com

- 1 Pineapple, skin removed, cored, and cut into ½-inch pieces**
 - 1 Mango, peeled, pitted, and cut into ½-inch pieces**
 - 1 Meyer lemon, halved lengthwise and thinly sliced, seeds removed, plus 1 tablespoon fresh lemon juice**
 - ½ cup toasted unsweetened coconut flakes**
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- Combine fruit and lemon juice in a bowl. Top with coconut flakes.**