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Prevent and Protect
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## **MELON AND PLUM SALAD**

Southern Living – Sept 2011 Makes 6 Servings

- 4 cups seeded and cubed watermelon
- 4 cups honeydew melon balls
- 3 red plums, sliced
- 2 cups torn watercress
- 1 cup crumbled feta cheese

Pepper Jelly Vinaigrette

Gently toss together first 5 ingredients; and place on a serving platter. Drizzle with vinaigrette, and season with salt and pepper to taste.

## Pepper Jelly Vinaigrette (makes ¾ cup)

Whisk together  $\frac{1}{4}$  cup rice wine vinegar,  $\frac{1}{4}$  cup hot jalapeno pepper jelly, 1 tablespoon grated onion, and 1 tablespoon fresh lime juice.

Gradually add ¼ cup canola oil in a slow, steady stream, whisking until smooth.