

## Library and Resources

### Library Subject Guides–Herbal Drugs

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#### Guides to the Literature

Guides to the literature provide bibliographies of resources on a particular subject, guidance in searching the literature, and instruction on how to use the common reference materials related to that field of study.

Alternative Medicine Resource Guide	REF R 733 F48
A Bibliography on Herbs, Herbal Medicine, "Natural" Foods, and Unconventional Medical Research	REF Z 6665 H47 A5
Herbs: An indexed bibliography	REF Z5996 H37 S56

#### Dictionaries

Dictionaries provide a good starting place for defining terms and may include data or descriptive information on the topic.

Tico Ethnobotanical Dictionary	<a href="http://www.ars-grin.gov/duke/dictionary/tico/index.html">http://www.ars-grin.gov/duke/dictionary/tico/index.html</a>
Chinese Medical Terminology	REF R 602 L6796
Dictionary of Terms in Pharmacognosy and other Divisions of Economic Botany	REF QK 99 H69

#### Encyclopedias/Atlases

Encyclopedias provide general information on a subject and often include bibliographies for further research.

Alternative Medicine: The definitive guide	REF R 733 A46
Encyclopedia of Healing Therapies	REF R 733 W65 1997
Encyclopedia of Pure Materia Medica	REF RX 601 A43

## Library and Resources

### Library Subject Guides–Herbal Drugs

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#### Handbooks

Handbooks provide specific or specialized information and data in the form of charts, tables, and glossaries

#### General Herbal Handbooks

American Herbal Products Association's Botanical Safety Handbook	REF RA 1250 A44
The Complete Medicinal Herbal	REF RM 666 H33 O38
Herbal Drugs and Phytopharmaceuticals	REF RM 666 H33 T43813
Herbal Medicines	REF RM 666 H33 R43
Herbal Medicines: a guide for health-care professionals	REF R 733 N48
Herbs of Choice: the therapeutic use of phytochemicals	REF RM 666 H33 T93
Herbs that Heal: a prescription for herbal healing	REF RM 666 H33 W417
The Honest Herbal	REF RM 666 H33 T94
Pharmacognosy	Reserve RS 160 T94
Pharmacognosy, Phytochemistry, Medicinal Plants	REF RS 164 B78
Physician's and Pharmacist's Guide to the Top 10 Scientifically Proven Natural Products	REF RS 164 O3
Research Guidelines for Evaluating the Safety and Efficacy of Herbal Medicines	RM 666 H33 R43
The Review of Natural Products	REF RM 666 H33 L42
Trease and Evans' Pharmacognosy	REF RS 160 T75
Your Guide to Standardized Herbal Products	REF RM 666 H33 F995

## Library and Resources

### Library Subject Guides–Herbal Drugs

#### Chinese and Ayurvedic Herbal Handbooks

Chinese Herbal Medicine; Formulas and Strategies	REF RS 180 C5 B46c
Chinese Herbal Medicine; Meteria Medica	REF RS 180 C5 B46m
The Essential Book of Traditional Chinese Medicine	REF R 602 L58
The Pharmacology of Chinese Herbs	REF RM 666 H3 H83
Planetary herbology: an integration of Western herbs into the traditional Chinese and Ayurvedic systems	REF RM 666 H33 T52
The Practice of Chinese Medicine	REF R 601 M235
The Yoga of Herbs: an ayurvedic guide to herbal medicine	REF RM 666 H33 F73

#### Medicinal Plant Handbooks by Country

Amazonian Ethnobotanical Dictionary	REF GN 564 P4 D85
Atlas of Medicinal Plants of Middle America: Bahamas to Yucatan	REF QK 99 C315 M67
A Field Guide to Medicinal Plants: Eastern and central North America	REF Lmf F817
Handbook of African Medicinal Plants	REF RS 164 I84
Handbook of Arabian Medicinal Plants	REF RS 164 G484
Indian Medicinal Plants	REF RS 164 I53
Medicinal Plants in China; a selection of 150 commonly used species	REF QK 99 C448 M32
Medicinal Plants in Vietnam	REF QK 99 V5 M32
Medicinal Plants of Vietnam, Cambodia, and Laos	REF RS 164 N48
The Treatise on Indian Medicinal Plants	REF RS 164 T716

## Library and Resources

### Library Subject Guides–Herbal Drugs

#### STYLE GUIDES

Style Guides are the accepted authorities for citing sources and formatting research papers or theses.

American Medical Association Manual of Style: A Guide for Authors & Editors	MCPHS Reference: R119.A533 1998
Electronic Styles: A handbook for citing electronic information	MCPHS Reserve: PN 171.D37 .L5 1996
How to Write and Publish a Scientific Paper	MCPHS Reference: T 11 .D33 1998
A Manual for Writers of Term Papers, Theses, and Dissertations	MCPHS Reserve & Circ MCPHS Reference: (Worcester) LB 2369.T8 1996
Writing and Publishing in Medicine	MCPHS Reference: (Worcester) R 119 .H87 1999
MLA Style Manual & Guide to Scholarly Publishing	MCPHS Reference: PN 147 .G444 1998

#### BOOKS

Sheppard Library has a collection of books related to herbal medicine in the book room. They can be located in the [online catalog](#) under the following subject headings:

- Herbs
- Medicinal Plants
- Aromatic Plants
- Botany, Medical
- Herbals
- Materia medica, Vegetable

Books can also be located by searching these same subject headings in the Boston Library Consortium (BLC).

## Library and Resources

### Library Subject Guides–Herbal Drugs

#### PERIODICALS

The library subscribes to several periodicals in herbal medicine. The term periodical refers to journals, newsletters, reviews, or any other material that is published periodically throughout the year. Periodicals contain information such as review articles, original research, and news from the scientific community. Journal articles can be found by searching in one of the indexes available at our library.

The following is a short list of the herbal medicine journals available at Sheppard Library and other surrounding libraries. Please consult a librarian for a complete list of journals.

Journal	Location	Years
Alternative and Complementary Therapies	MCP	1994- (v.1- )
The Herb, Spice, and Medicinal Plant Digest	UM/A	1983- (v.1- )
HerbalGram	MCP	1996- (v.38- )
Herbs for Health	MCP	1997- (v.2- )
Herbs, Spices, and Medicinal Plants: Recent advances in botany, horticulture, and pharmacology	MCP	1986-89 (v.1-4)
The Journal of Alternative and Complementary Medicine	MCP	1995- (v.1- )
Journal of Ethnopharmacology	MCP	1979- (v.1- )
Journal of Herbs, Spices, and Medicinal Plants	MCP	1992- (v.1- )
Phytotherapy Research	UM/A	1987- (v.1- )

Note: UM/A refers to the UMass/Amherst Library.

## Library and Resources

### Library Subject Guides—Herbal Drugs

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#### INDEXES

Indexes provide references to journal articles, newsletters, and technical reports. They usually contain information such as the title, author, periodical source, and the volume and page numbers of the reference. Some indexes also provide abstracts or the full text of the article.

#### AltHealth Watch

- A full-text database
- Includes both popular, professional and research publications
- Expert search mode allows more complex and focused searches

#### AMED: Allied and Alternative Medicine Database

- Produced by the Health Information Service of the British Library
- Indexes journals in complementary medicine, physiotherapy, occupational therapy, podiatry, etc.
- Especially useful for topics related to homeopathy

#### EMBASE Drugs and Pharmacology

- Updated: weekly (1980-current)
- Coverage includes effects, use, and administration of all current, potential and experimental drugs, side effects, manufacturers, and trade names of approved and prospective drugs.

#### Health Reference Center Academic

- Updated: monthly (1994-current)
- Use this database to find information on fitness, medicine, nutrition, diseases, public health, occupational health and safety, etc.
- **HerbMedPro™**

#### IBIDS International Bibliographic Information on Dietary Supplements

- Produced by the National Institutes of Health
- Indexes the international, scientific literature on dietary supplements, including vitamins, minerals and botanicals.

#### IPA—International Pharmaceutical Abstracts

- Updated: monthly (1970-current)
- Worldwide coverage of pharmaceutical science, including information on legislation and regulation of pharmaceuticals and patient counseling.

#### Medline

- Updated: weekly (1966-current)
- Indexes and abstracts all of the major medical literature.

#### Micromedex

- Updated: monthly
- Provides drug information for the pharmacist.
- Includes sections on toxicity, new drugs, and drug interactions

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### Library Subject Guides–Herbal Drugs

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#### Natural Medicines Database

- Lengthy Monographs
- Updated daily
- Well referenced
- Can be searched by ingredient name, keyword, or product name
- Just click "Login button" to login on campus

#### eFacts- Review of Natural Products

- Herbs can be searched by common or scientific name, or by therapeutic index
- Well referenced
- Updated monthly

#### INTERNET SITES

Top of the Crop

#### Botanical Medicine Information Resources from the RosenthalCenter

(<http://cpmcnet.columbia.edu/dept/rosenthal/Botanicals.html>)

Produced by the Rosenthal Center at Columbia University. Provides an annotated listing of databases, journals, email lists, and web sites.

Lists of Resources

#### Medherb.com

(<http://www.medherb.com/INDEX.SHTML>)

Provides links to medical information and to any resource relevant to medicinal herbs or herbalism practiced in a clinical setting.

#### Southwest School of Botanical Medicine

(<http://www.all-natural.com/herbindx.html>)

Links to medicinal plant images, manuals, research sites, and more.

#### Scirus (<http://www.scirus.com/?b>)

Search engine developed by Elsevier Science that indexes over 60 million science-related web-pages, including journals.

Herbal Medicines Sites

#### Botanical.com

(<http://www.botanical.com/index.html>)

Over 800 varieties of medicinal, culinary, and cosmetic herbs, including conomic properties, cultivation and folk-lore.

## Library and Resources

### Library Subject Guides–Herbal Drugs

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#### Henriette's Herbal Homepage

(<http://sunsite.unc.edu/herbmed/>)

Contains several active medicinal and herbal FAQs, newsgroups, software programs, and plant pictures.

#### Longwood Herbal Task Force (<http://www.longwoodherbal.org>)

Produced by an interdisciplinary team of health care professionals. Evidence based monographs, patient and clinician handouts are available.

#### Medicinal Herb Garden

(<http://www.nlm.nih.gov/pnr/uwmhg/>)

The site consists mostly of photographs of the various medicinal plants indexed by botanical and common names with links to further information about its range and medicinal uses.

#### Organizations

##### American Herbalists Guild

(<http://www.americanherbalistsguild.com/>)

A non-profit, educational organization which represents the goals and voices of herbalists. It is the only peer-review organization for professional herbalists specializing in the medicinal use of plants.

#### Government Agencies

##### Ethnobot Database

(<http://www.ars-grin.gov/duke/ethnobot.html>)

Provided by the Agricultural Research Service (ARS), U.S. Department of Agriculture. The database contains 80,000 records of plant uses world-wide.

##### National Center for Complementary and Alternative Medicine (<http://nccam.nih.gov>)

A great source of scientifically based information on CAM, produced by one of the centers of the National Institutes of Health. Includes publications, information for researchers, FAQs, and links to other CAM-related websites. Provides access to such databases as CAM on PubMed and the Combined Health Information Database (CHID), a reference source of patient education materials.

##### Medicinal Plants of North America

(<http://www.geocities.com/RodeoDrive/Mall/4992/medmain.html>)

Contains 17,634 items representing the medicinal uses of 2,147 species from 760 genera and 142 families by 123 different native American groups.

##### USDA Plants National Database

(<http://plants.usda.gov/>)

The PLANTS Database provides a single source of standardized information about plants including standardized plant names, symbols and other plant attribute information.

This page created by Carla Tucker, Julie Whelan and Kate MacDonald. This page maintained by Sam King; Mariana Lapidus. Last modified on July 31, 2006.