



Elliott Evans Nutrition, LLC

Highland II

7229 Forest Avenue, Suite 107

Richmond, VA 23226

From the Northwest (Charlottesville): Take I-64 East to Glenside Drive Exit. Turn right on Glenside Drive and continue to first traffic light. Turn right on Forest Avenue to the first stop light. Proceed on Forest Avenue for ¼ mile. The Highland II building will be on your left. Park at the rear of the building and come in to the center entrance: 7229-A. Go down the hall to your left, and Suite 107 will be on your left.

From Richmond International Airport: Exit airport on Airport Drive and follow signs to I-64 West. Stay on I-64 West to Exit 183A (Glenside Drive South). Continue on Glenside Drive to second traffic light. Turn right on Forest Avenue. Proceed on Forest Avenue for ¼ mile to the first stop light. The Highland II building will be on your left. Park at the rear of the building and come in to the center entrance: 7229-A. Go down the hall to your left, and Suite 107 will be on your left.

From the East (Williamsburg): Take I-64 West to Exit 183A (Glenside Drive South). Continue on Glenside Drive to second traffic light. Turn right on Forest Avenue. Proceed on Forest Avenue for ¼ mile to the first stop light. The Highland II building will be on your left. Park at the rear of the building and come in to the center entrance: 7229-A. Go down the hall to your left, and Suite 107 will be on your left.

From the West (Powhatan): Take Route 60 East (Midlothian Turnpike when you approach Richmond). Proceed on Midlothian Turnpike to Powhite Parkway North (toll). Continue on Powhite Parkway to I-64 West. Follow I-64 West to Exit 183A (Glenside Drive South). Continue on Glenside Drive to second traffic light. Turn right on Forest Avenue. Proceed on Forest Avenue for ¼ mile to the first stop light. The Highland II building will be on your left. Park at the rear of the building and come in to the center entrance: 7229-A. Go down the hall to your left, and Suite 107 will be on your left.

From the North (Fredericksburg): Take I-95 South to I-64 West (Exit 79). Proceed on I-64 West to Exit 183A (Glenside Drive South). Continue on Glenside Drive to second traffic light. Turn right on Forest Avenue. Proceed on Forest Avenue for ¼ mile to the first stop light. The Highland II building will be on your left. Park at the rear of the building and come in to the center entrance: 7229-A. Go down the hall to your left, and Suite 107 will be on your left.

From the South (Petersburg): Take I-95 North to I-64 West. Remain on I-64 West to Exit 183A (Glenside Drive South). Continue on Glenside Drive to second traffic light. Turn right on Forest Avenue. Proceed on Forest for ¼ mile to the first stop light. The Highland II building will be on your left. Park at the rear of the

building and come in to the center entrance: 7229-A. Go left down the hallway. Go down the hall to your left, and Suite 107 will be on your left.

From the Southwest (Farmville): Take Route 360 East (Hull Street Road when you approach Richmond). Proceed on Route 360 East to Route 288 North. Follow the signs to Route 76 North (Powhite Parkway North). Continue on Powhite Parkway (tolls) to I-64 West. Follow I-64 West to Exit 183A (Glenside Drive South). Continue on Glenside Drive to second traffic light. Turn right on Forest Avenue. Proceed on Forest Avenue for $\frac{1}{4}$ mile to the first stop light. The Highland II building will be on your left. Park at the rear of the building and come in to the center entrance: 7229-A. Go down the hall to your left, and Suite 107 will be on your left.